

The QbCheck



What is QbCheck?

ADD-vance was the first certified provider of the QbCheck in Hertfordshire. The QbCheck uses objective data to measure the three core traits of ADHD: inattention, hyperactivity and impulsivity. This data can then be used to support ADHD diagnosis and treatment.

QbCheck measures the test taker's movements, ability to pay attention and impulse control during a 15-20 minute test.

The QbCheck is available for children, young people and adults aged 7-60 years. The test is also available for children aged 6, however we would then recommend a further test after 12 months when the results will be more clearly defined. The QbCheck is not a diagnosis by itself, but can be used as part of the assessment process.

Robin Wilding - Certified QbCheck Assessor



Robin is one of our original team of specialist coaches and provides supervision to all members of the team. She is also a busy Mum to four beautiful children. Her eldest child was diagnosed with Aspergers and ADHD at the age of 8yrs, leading her to train as a specialist coach with ADD-vance. She recognises the challenges parents face with their children and aims to offer strategies that work for individual families and children, to improve family life as a whole, offering a fresh perspective without judging. Everyone can feel as though they've run out of ideas and sometimes may simply need a little support to regain the confidence in their own resourcefulness.