



ADD-vance
The ADHD and Autism Trust



UNDERSTANDING ADHD & AUTISM

FREE INTRODUCTORY 6-WEEK COURSES FOR PARENT/CARERS

ABOUT THE COURSE

This interactive course is designed for parents & carers of children aged 5 to 14 yrs with a diagnosis or suspected diagnosis of ADHD and/or Autism (or 4 & already in reception).

**ALL SESSIONS MUST
BE ATTENDED**

TIME AND PLACE

Thursdays 5th January to 9th February
10 am to 12 pm

BEDMOND VILLAGE HALL, WD5 0QP

Thursdays 5th January to 9th February
7 - 9 pm

ONLINE VIA ZOOM

Understanding Girls with ADHD & Autism

Fridays 6th January to 10th February
10 am to 12 pm ONLINE VIA ZOOM

☎ 01727 833963

✉ herts@add-vance.org

🌐 <http://www.add-vance.org/>

**Book your FREE ticket on <http://add-vance.eventbrite.com/> or
visit our website <http://www.add-vance.org/>**

These courses are funded by Hertfordshire County Council and are open to residents of Hertfordshire only