



ADD-vance

The ADHD and Autism Trust



Passionate about understanding, embracing and celebrating neurodiversity

Our professional team of specialist trainers and coaches have first-hand experience of living with ADHD, Autism and related conditions. In our opinion, nobody understands living with additional needs more than parents and carers who "walk the talk" everyday!

Website: www.add-vance.org
Email: herts@add-vance.org
Phone: 01727 833963
Events: www.add-vance.eventbrite.com

Contact the ADD-vance telephone helpline if you need someone to talk to



For parents and professionals.
Lines are open from 9am-1pm
Monday to Friday



Join us on Facebook!

ADD-vance - ADHD & Autism Trust plus closed groups: ADD-vance Parent/Carers & Professionals or spectrum girls

Specialist workshops and courses



Do you have a specific concern? We run termly workshops covering a range of common issues.



Do you need support from others in our community?

Our coaches run support groups for parents which are relevant for the age of your child

We also offer unique training courses for parents, with weekly sessions over 6 weeks



Join our community

Become a member of ADD-vance. It is free and gives you priority information about our courses, training, and workshops.



Paid Services

QbCheck™

This measures the three core symptoms of ADHD. It provides objective data which can help parents & professionals evaluate and manage ADHD.

SEN Services

Specialist service for children and young people with SEN. We offer general support as well as help with EHCPs.

Parent Coaching

Our specialist coaches work with parents to provide knowledge and skills to support your child and improve family life.



[addvance_adhd_and_asd](https://www.instagram.com/addvance_adhd_and_asd)



ADD-vance - ADHD & Autism Trust



[@VanceAdd](https://twitter.com/VanceAdd)

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Registered Charity No. 1158968